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Confidential Attorney Work Product

IME WatchDog Report

Observation of Insurance Medical Examination

Client Name:

[REDACTED]

Date of Exam:

April 07, 2015

Date of Accident:

February 26, 2014

Client's Attorney:

[REDACTED]

Observed By:

[REDACTED]

Performed By:

[REDACTED]

Specialty:

Orthopedics

Facility:

The office was located in a house that was converted into an office.

Facility Description:

The office had a waiting room with chairs, a magazine rack and reception area.





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Appointment Scheduled For:

2:00 PM

Arrived at Office:

1:15 PM (Watchdog) 1:30 PM (Examinee)

Admitted to Exam Room:

1:50 PM

Intake Start:

1:51 PM

Exam Start:

2:00 PM

Exam End:

2:10 PM

Length of Exam:

10 minutes

Total Length of Visit:

40 minutes (Examinee)

Others Present:

The IME physician, the examinee and the IME Watchdog advocate were present during the examination.

Description of IME physician:

The IME physician was a male in his 40's with a professional demeanor. The IME physician seemed impatient with the examinee.

Layout of Exam Room:

The exam room was approximately 8'x10' with an exam bed, a desk and two chairs.





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Did IME Physician Have Examinee's Medical Records:

The IME physician had the examinee's medical records.

How did IME Physician Take Notes:

The IME physician took notes in a notebook and on the intake form the examinee did not fill out. The IME physician took notes during the intake and exam.

Intake:

- The examinee was seated in a chair.
- The IME physician introduced himself to the examinee.
- The IME physician asked the examinee if she ever had an IME before. The examinee asked the IME physician if he had her records. The IME physician replied that he had the examinee's records. The IME physician asked the examinee if she had an IME before. The IME physician stated that he would not be offering any treatment to the examinee.
- The IME physician stated that he was going to ask the examinee some questions relating to orthopedics.
- The IME physician asked the examinee when the accident occurred. The examinee replied that the accident was on February 26, 2014.
- The IME physician stated that the examinee was standing behind a car and other car hit her and she was pinned between the two cars. The examinee replied that she was standing behind her car and another car hit the car behind her and knocked that car into her pinning her between the two cars.
- The IME physician asked the examinee what she injured in the accident. The examinee replied that she injured her legs, neck, shoulders and right arm.
- The IME physician asked the examinee if she was taken by ambulance to St. Francis Hospital. The examinee replied that was what her family said. The IME physician replied that he was interested in what she remembered. The IME





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physician asked the examinee if she remembered being in the Pines. The examinee replied yes.

- The IME physician asked the examinee what hurts right now. The examinee replied that she had pain in her right arm. The examinee attempted to raise her right arm and displayed a visible limit to the range of motion. The examinee stated that now she had carpal tunnel and three of her fingers were numb. The IME physician asked the examinee if she injured her arm in the accident. The examinee replied yes.
- The IME physician asked the examinee what else bothered her. The examinee replied that she had pain in her legs. The examinee stated that she had difficulty going up and down stairs. The examinee stated that if she was seated for too long she had trouble standing up. The examinee stated that now she had to use a cane.
- The IME physician asked the examinee if she received any treatment now. The examinee replied that she did exercises at home for her legs.
- The IME physician asked the examinee if she took any medication. The examinee replied that she had taken Prevacid for a long time. The examinee stated that she took a medication to help with anxiety and nervousness. The examinee stated that she was unable to remember the name and it ended in a "tin".
- The IME physician asked the examinee if she took any medication for pain. The examinee replied that she took Tylenol for pain.
- The examinee stated that she had an injection to her shoulder that helped for a little while.
- The IME physician asked the examinee if she took any Tylenol that day. The examinee replied no.
- The IME physician asked the examinee if she had any neck, arm or leg pain before the accident. The examinee replied no.
- The IME physician asked the examinee if she had any medical conditions such as Asthma, heart disease or high blood pressure. The examinee replied that she had high





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blood pressure but after the Pines she was told she no longer had that issue.

- The IME physician asked the examinee if she still went to any doctors for the accident. The examinee replied that she went to her primary care physician. The IME physician asked the examinee if she still went to an orthopedic doctor. The examinee replied no.
- The IME physician stated that the examinee was not working at the time of the accident. the IME Watchdog started to say that questions related to work history would not be answered when the examinee replied that she was working at the time of the accident, in a school.
- The IME physician asked the examinee for her height. The examinee replied that she was 4'8".
- The IME physician asked the examinee for her weight. The examinee replied that she was 103 pounds.
- The IME physician asked the examinee if she was right or left handed. The examinee replied that she wrote with her right hand but did household chores with her left hand. The examinee stated that she has not driven since the accident. The examinee stated that she was unable to turn the key in the ignition.
- The IME physician asked the examinee if she had nerve testing done. The examinee seemed unsure of the question and stated that her arm felt numb sometimes.
- The IME physician did not ask the examinee to describe her pain.
- The IME physician did not ask the examinee to rate her pain on scale from 1-10.
- The IME physician did not ask the examinee if anything made her pain better or worse.
- The examinee stated that sitting for long periods would make it difficult for her to stand. The IME physician did not ask the examinee about how long she could sit for. The IME physician did not ask the examinee how long she could stand without pain.
- The examinee stated that she took Tylenol for pain. The IME physician asked the examinee if she took Tylenol that





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day but failed to ask the examinee how often she took Tylenol or when was the last time she took Tylenol.

- The IME physician did not ask the examinee if the pain was constant or came and went.
- The IME physician did not ask the examinee if there was anything she could no longer do since the accident.

Exam:

- The IME physician asked the examinee to stand. The examinee complied slowly using her cane and wincing in pain.
- The IME physician asked the examinee to relax.
- The IME physician asked the examinee to state if his touch felt tender. The IME physician palpated down the examinee's back starting at her neck. The examinee complained of tenderness just below her neck.
- The IME physician asked the examinee to bend her head forwards. The examinee complied. The examinee winced in pain. The examinee complained of pain. The IME physician did not use a goniometer to measure the examinee's range of motion. The IME physician held a goniometer in his hand but did not use it to take a measurement.
- The IME physician asked the examinee to look up. The examinee displayed a visible limit to the range of motion of her neck. The examinee winced in pain. The IME physician did not use a goniometer to measure the examinee's range of motion. The IME physician held a goniometer in his hand but did not use it to take a measurement.
- The IME physician asked the examinee to turn to the left and to the right. The examinee displayed a visible limit to the range of motion of her neck. The examinee winced in pain. The IME physician did not use a goniometer to measure the examinee's range of motion. The IME physician held a goniometer in his hand but did not use it to take a measurement.





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- The IME physician asked the examinee to tilt her head to her shoulder. The examinee did not understand the request and the IME physician demonstrated by touching his ear to his right shoulder. The examinee was unable to complete the task on either side.
- The IME physician asked the examinee to raise her right arm. The examinee displayed a visible limit to the range of motion of her arm. The examinee grimaced in pain. The examinee complained of pain. The IME physician used a goniometer to measure the examinee's range of motion.
- The IME physician asked the examinee to raise her left arm. The examinee complied. The IME physician used a goniometer to measure the examinee's range of motion.
- The IME physician asked the examinee to move her left arm out to the side. The examinee complied. The IME physician used a goniometer to measure the examinee's range of motion.
- The IME physician asked the examinee to move her right arm out to the side. The examinee displayed a visible limit to the range of motion of her right arm. The examinee grimace in pain and took a deep breath. The IME physician used a goniometer to measure the examinee's range of motion.
- The IME physician asked the examinee to reach her left arm around her back like she was putting on a bra. The examinee displayed a visible limit to the range of motion of her left arm. The examinee stated that was not how she put her bra on anymore. The IME physician did not use a goniometer to measure the examinee's range of motion.
- The IME physician asked the examinee to reach behind her back with her right arm. The examinee displayed a visible limit to the range of motion of her right arm. The examinee groaned in pain. The IME physician did not use a goniometer to measure the examinee's range of motion.
- The IME physician asked the examinee to sit. The examinee complied slowly and with the assistance of the IME physician.





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- The IME physician asked the examinee to lay down. The examinee grimaced in pain. The IME physician assisted the examinee in laying down. The examinee complained she was very uncomfortable.
- The IME physician palpated the examinee's right knee. The examinee grimaced in pain. The examinee complained of pain.
- The IME physician palpated the examinee's left knee. The examinee winced in pain. The examinee stated that the pain was less on the left side.
- The IME physician bent the examinee's right knee. The examinee grimaced in pain.
- The IME physician bent the examinee's left knee. The examinee winced in pain.
- The IME physician measured the circumference of the examinee's thighs. The IME physician did not mark the spots where he took the measurements to ensure he measured the same spot on each thigh.
- The IME physician raised the examinee's left leg. The examinee winced in pain. The IME physician did not use a goniometer to measure the examinee's range of motion.
- The IME physician raised the examinee's right leg. The examinee cried out in pain. The examinee displayed a visible limit to the range of motion of her right leg. The IME physician did not use a goniometer to measure the examinee's range of motion.
- The IME physician asked the examinee to press her right foot down against the IME physician's hand. The examinee complied.
- The IME physician asked the examinee to press her left foot down against the IME physician's hand. The examinee complied.
- The IME physician stroked the inside and outside of the examinees legs. The IME physician asked the examinee if she felt the touch. The examinee replied yes.
- The IME physician asked the examinee to sit. The IME physician assisted the examinee to sit. The examinee grimaced in pain.



- The IME physician stated that he was going to measure the examinee's grip.
- The IME physician asked the examinee to squeeze a dynamometer with her right hand. The examinee complied. The examinee winced in pain. The examinee stated that the machine did not do anything. The IME physician replied that it did.
- The IME physician asked the examinee to squeeze a dynamometer with her left hand. The examinee complied.
- The IME physician asked the examinee to squeeze a dynamometer with her right hand. The examinee complained of pain in her arm. The IME physician asked the examinee to rest the dynamometer on her thigh and squeeze. The examinee complied.
- The IME physician asked the examinee to squeeze a dynamometer with her left hand. The examinee complied.
- The IME physician used a reflex hammer to perform a reflex exam.
- The IME physician thanked the examinee and stated that he would review her medical records and would prepare a report for the attorneys.

Exam End